


Dolphin Coast Striders 2019 Sponsored Runner Application Form/ Ifomu lokufaka isicelo sokuba oxhasiweyo ekilabhini				
Runner Details				
First name/Igama				
Surname/ Isibongo				
Telephone Number/ Inombolo yocingo				
Identity No/Inamba kamazisi				
Address/ Ikheli lawuhlala khona				
Your Running history/umlando wakho wokugijima				
Have you run Comrades before?/wake wagijima ngaphambilini		What is your personal best time for the following distances?/sithini isikhathi esincono kunezinye owake wazenza		
	Yes/ Yebo	10km/Amakilomitha alishumi		
	No/ Cha	42km/ amakhilomitha angamshumi amane		
If you answered YES, how many times?/ uma wake wagijima kukangaki?		21km/amakhilomitha angamashumi amabili nanye		
		50km or any Ultra Marathon (specify the distance)/amakhilomitha amahlanu noma ngaphezulu		
		Comrades/ ikhomrade		
Your Club Participation/ Usizo oyaye ulwenzwe ekilabhini				
Are you currently a member of a Club?/ ngakube ulilunga lekilabhu manje?		Do you take part in Time Trials at your Club?/ uyazibandakanya nokufika kwi time trial?	Have you done any volunteering at races for your existing Club?/ ngakube uke usize kwilibhu njengevolontiya?	
	Yes/yebo		Yes/Yebo	
	No/Cha		No/ Cha	
If you answered YES, which Club?/ Mavuma iyiphi ikilabhu?		If you answered YES, how many times per month?/um uvuma uyaye usize kangaki enyangeni?	If you answered YES, at which races did you assist?/ uma uvuma imaphi amarace owasiza kuwo?	
For how many years?/ Mingaki iminyaka?		If you answered NO, any reason why?/ Mawuthe cha, isiphi isizathu		
Why can't you afford the membership, kit and race fees without assistance?/ yini eyimbangela yokungakwazi ukuzithegela izingubo zokugijima, ukuzikhokhela emareyisini ngaphandle kokudinga uxhaso?				
In your own words, tell us why you should be chosen as a Sponsored Runner at the Club?/ ngokuzisholo wena uqobo, kungani kumele uqokwe njengofanele ukuba abe ngoxhaswa ikilabhu?				
Signature /Sayina		Date /Usuku		